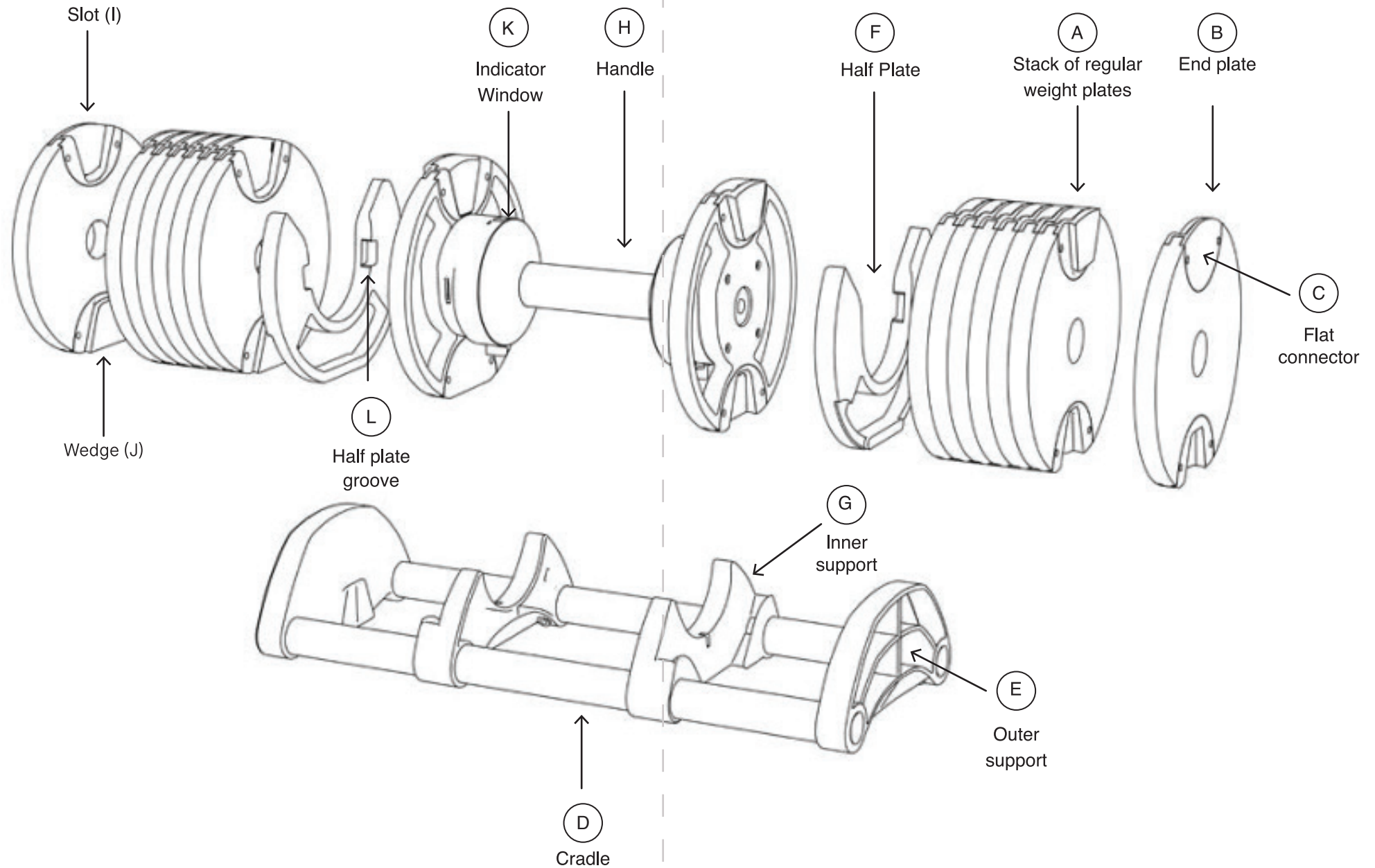
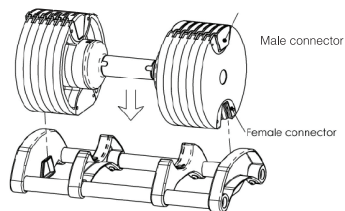


Product overview



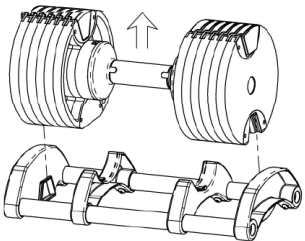
WARNING! SEE BELOW BEFORE USE:

STEP 1



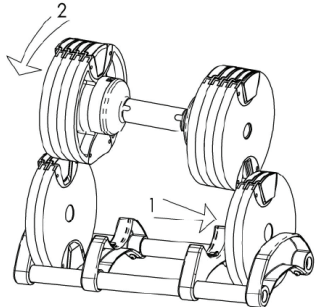
Male/ Female connectors must be aligned before use, replace if damaged.

STEP 3



Only attempt to lift the dumbbell vertically out of the base unit, when there is a complete set of weight plates.

STEP 5



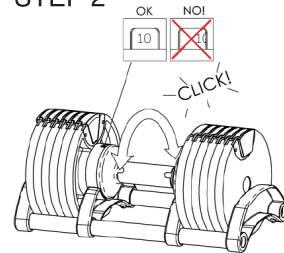
Return dumbbell to the base unit after use.

CARE:

1. Do not drop product. This will help to avoid loose heads/damage
2. Store your product indoors and away from moisture.
3. Keep your equipment away from children and pets.

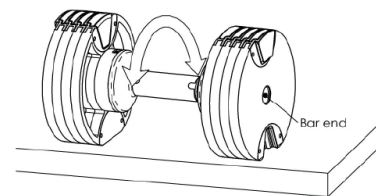
For any damage to the dumbbells reach out to support@roburflex.com

STEP 2

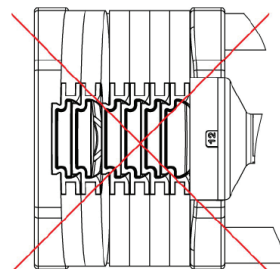


Never attempt to lift from the base unit until the desired selection is centered in the weight window.

STEP 4



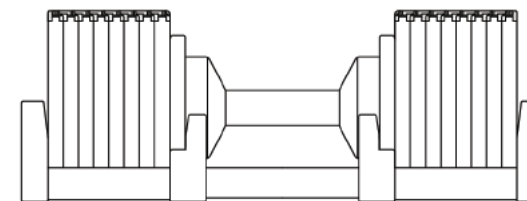
Never use the dumbbell if the handle can be turned with normal force when not in base unit. Check that the bar ends are within 5mm of the edge of the selected plates.



Ensure Male/Female connectors are aligned.



ROBURFLEX



USER MANUAL

For any damage to the dumbbells reach out to support@roburflex.com